PHYSICAL EDUCATION UPDATE

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NYS PHYSICAL EDUCATION LEARNING STANDARDS REVIEW: GOALS AND NEXT STEPS

**Overall Goals**

EngageNY State educators in a review of Physical Education Standards

Develop, adopt, and implement new K-12 New York State Physical Education Learning Standards

March/April 2020 is proposed date for final standards to be presented to the Board of Regents

**Current and Next Steps**

NYS Educator Panels currently reviewing and editing the national SHAPE Standards

Work includes making NY specific additions, creating a NY introduction, and a glossary of terms

Public input on the draft standards will be in September-October 2019

March/April 2020 is proposed date for final standards to be presented to the Board of Regents

A Roadmap, similar to the Next Generation Standards, will be developed for implementation
NYS PHYSICAL EDUCATION LEARNING STANDARDS REVIEW: KEY INFORMATION WITH PROCESS

- **MULTIPLE STAKEHOLDERS**: NYS educators, parents, curriculum specialists, school administrators and professors

- **REVIEW PROCESS**: Met over 5 times with entire committee face to face and virtually with leadership team

- **SOURCES**: National Standards for K-12 (SHAPE and original NYS Learning Standards)
ANCHOR STANDARD 1. Demonstrates competency in a variety of motor skills and movement patterns.

ANCHOR STANDARD 2. Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

ANCHOR STANDARD 3. Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

ANCHOR STANDARD 4. Exhibits responsible personal and social behavior that respects self and others.

ANCHOR STANDARD 5. Recognizes the value of physical activity for overall wellness, enjoyment, challenge, and/or self-expression.

ANCHOR STANDARD 6. Recognizes career opportunities and manages personal and community resources to achieve and maintain overall wellness.
NYS PHYSICAL EDUCATION LEARNING STANDARDS REVIEW: KEY THEMES

- Physical literacy as a theme (development of knowledge, skills and social emotional learning for students to transfer to being healthy, physically literate adults)

- Current best practices to support local school district and community needs (flexibility - multiple environments)

- Cultural responsiveness - recognizing individual differences

- Mental health - connection of physical and mental health

- Including value of overall wellness and physical activity

- Social emotional recognition in physical education program

- 6 anchor standards and outcomes
QUESTIONS?

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